

# Kathy Magnusson M.Ed

Trainer Coach Speaker

## Wildewood Learning

Coaching & Consulting



#### Bio

Kathy Magnusson, M. Ed., owner of Wildewood Learning, has over 25 years of experience working in the field of education.

Kathy develops tailored professional development opportunities for educators and youth service professionals in developing their own social and emotional learning skills to create positive relationships.

As a trainer, coach, and speaker, she has found that when educators and professionals are allowed to change their perceptions, a ripple effect occurs, changing the learning experience for all.

#### What others have to say...

"Kathy was very informative and helpful, both as a teacher and a parent."

"I'd love Kathy to come again..."

### **Book Kathy for your next event!**

kathy@wildewoodlearning.com (218) 242-5318 www.wildewoodlearning.com

#### **Planting the Seeds of Resilience**

Just like it take years to grow from a small seed to a towering tree, so does resilience. Planting the Seeds of Resilience is a keynote that will start with strong roots to anchor us to grow.

- Anchoring roots through living a life of grace
- Grow a sturdy trunk by being more selfaware
- Experiences cultivated in all areas of life to build resilience skills

These parts of growth are extremely important to our children's future. In the past year, loss has been a pervasive theme in life. Loss can come in many forms and is perceived in many different ways. By knowing the brain science behind trauma and loss, the seeds can be planted for change. Resilience can grow when there are deep roots and a strong trunk to help our youth branch out into brilliance.

A keynote speech is 45-60 minutes in length offered in person or virtually.

Contact Kathy for more details.